

## Joining Information – VHF Course - things to bring/think about on the day!

### *Things to bring*

We will provide pens & notepaper however do feel free to bring your own. Please do remember reading and/or any glasses needed to watch a brief video/see the presentations.

### *Medication*

As stated on the booking form it is essential that you inform us of any relevant medical condition. Do bring any medication that you will need for the course. Please inform your Instructor of your condition and he/she will accommodate any requirements that you may have.

### *Where to stay*

There are a variety of places to stay and we have a separate sheet detailing the places that people on courses have stayed before. Many people stay at the RNLi Training College – [www.lifeboatcollege.org.uk](http://www.lifeboatcollege.org.uk), you will need to be a member though.

### *Insurance*

As noted in the terms of booking you are not insured for personal injury or loss of any items. You are advised to make direct arrangements with your own insurers if you consider such cover necessary.

### *Food & drink*

The school will keep you plied with tea and coffee during the day. Meals are not provided but we will ensure that we visit suitable places for lunch/dinner etc depending on the timing plan for your course. You are therefore advised to bring whatever amounts of cash with you that your hunger requires.

### *Arrival time*

The course will start at 9.00am (unless advised otherwise). The day will finish between 5 - 6pm.

## Course Requirements

- Fluency in the phonetic alphabet.
- One passport photograph.

## Phonetic alphabet

Please learn this ahead of your course

<b>A</b> - Alpha	<b>K</b> - Kilo	<b>U</b> - Uniform	<b>0</b> - Zero
<b>B</b> - Bravo	<b>L</b> - Lima	<b>V</b> - Victor	<b>1</b> - Wun (One)
<b>C</b> - Charlie	<b>M</b> - Mike	<b>W</b> - Whiskey	<b>2</b> - Two
<b>D</b> - Delta	<b>N</b> - November	<b>X</b> - X-ray	<b>3</b> - Tree (Three)
<b>E</b> - Echo	<b>O</b> - Oscar	<b>Y</b> - Yankee	<b>4</b> - Fower (Four)
<b>F</b> - Foxtrot	<b>P</b> - Papa	<b>Z</b> - Zulu	<b>5</b> - Five
<b>G</b> - Golf	<b>Q</b> - Quebec		<b>6</b> - Six
<b>H</b> - Hotel	<b>R</b> - Romeo	<b>.</b> - decimal (point)	<b>7</b> - Seven
<b>I</b> - India	<b>S</b> - Sierra	<b>.</b> - (full) stop	<b>8</b> - Ait (Eight)
<b>J</b> - Juliet	<b>T</b> - Tango		<b>9</b> - Niner (Nine)

If you have any questions about the day or what to bring please do not hesitate to us on 01202 686666